

# Operation Guide 5755

**CASIO**®

You can also find information about operational procedures at the CASIO website.

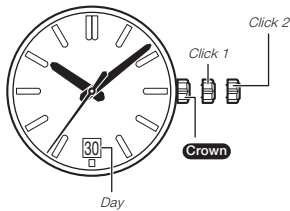
<https://s.casio.jp/mw/en/5755/>



- Your watch may differ somewhat from the one shown in the illustration.

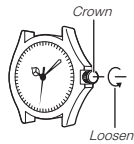
## About This Watch

- This watch is a mechanical timepiece powered by a mainspring.



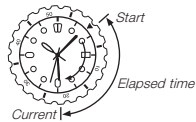
### Crown Operations

Some water-resistant models (10BAR, 20BAR) have a screw-in crown. When you need to perform a crown operation, rotate it towards you to unscrew it. Then pull the crown out. Avoid applying undue force when pulling. The watch loses its water resistance while the crown is unscrewed. After performing a crown operation, fully screw the crown back in.



### If your watch has a rotary bezel...

You can rotate the bezel to align its ▼ mark with the minute hand. Then you will be able to tell how much time has elapsed since aligning the ▼ mark.



## Specifications

**Accuracy:** Average daily deviation of -35 seconds to +45 seconds

**Winding Mechanism:** Automatic with manual winding

**Oscillation Frequency:** 21,600 per hour

**Operating Time:** Approximately 40 hours (when fully wound)

**Jewels:** 24

**Other:** Hacking Function (Stops seconds hand when the crown is pulled out.)

### Important!

- Due to the characteristics of mechanical watches, conditions such as the amount of time the watch is worn, wrist movement, and the degree that the mainspring is wound may cause accuracy to deviate outside of the specified range.

Specifications are subject to change without notice.

## Winding the Mainspring

The mainspring winds naturally through the movement of your wrist while wearing the watch. You can also wind the mainspring manually by rotating the crown (manual winding).

If the watch stops, you can re-start it by rotating the crown or gently shaking the watch. Once the second hand begins to move, you can set the time and date, and then wear the watch normally.

## Mainspring Winding Precautions

To wind the mainspring, slowly turn the crown to the right (towards 12 o'clock). If your watch has a screw-lock crown, first rotate the crown away from 12 o'clock to loosen it. Next, slowly rotate the crown towards 12 o'clock to wind the mainspring. Though the crown can continue to be rotated even after the mainspring is fully wound, the mainspring does not wind beyond a certain point.

Note that the crown rotates freely towards 6 o'clock, without winding the mainspring.

The watch runs for approximately 40 hours after the mainspring is fully wound. Insufficient winding may cause timekeeping to run fast or slow. To ensure optimal performance, wear the watch for at least 8 hours a day. If you don't wear the watch, wind the mainspring fully at approximately the same time each day.

## To adjust the time setting

When the second hand is at 12 o'clock, pull the **Crown** out to Click 2.

Rotate the **Crown** to change the time setting.

Push the **Crown** back in on a time signal to resume timekeeping.

### Note

- Take care that you set the correct AM or PM time.
- When setting the time, move the hands so they are four to five minutes before the desired time setting, and then move them forward to the desired time.

## To change the day setting

Pull the **Crown** out to Click 1.

Rotate the **Crown** towards you to set the day.

Push the **Crown** back in.

### Note

- The day setting uses a 31-day month. Make adjustments for months of shorter lengths.
- Avoid changing the day setting between the hours of 9 p.m. and 1 a.m. Otherwise, the day setting may not change correctly at midnight.